

B.Sc. Semester - 5 (Remedial) (NEP-2020) Examination**March/April-2026****ENGLISH: Writing Skills for Science Students (Skill Enhancement Course)****Time: 1:00 Hours****Marks:25****Instructions:**

1. All questions are compulsory.
2. Figures to the right indicate marks.

Que.1 Attempt a five-point summarization of the given paragraph. (05)

Physical exercise is one of the most effective ways to maintain both physical and mental health. Regular activity strengthens the heart, improves flexibility, and helps in controlling weight. Beyond physical benefits, exercise is strongly linked to better mental well-being. It reduces stress, lowers anxiety, and boosts mood through the release of endorphins. In today's fast-paced world, many people neglect exercise due to busy schedules and sedentary lifestyles. This neglect often leads to lifestyle diseases such as diabetes, obesity, and hypertension. Even simple activities like walking, cycling, or yoga can make a noticeable difference when practiced consistently. Doctors and health experts recommend at least thirty minutes of moderate activity daily. Making exercise a routine not only adds years to life but also adds quality to those years. A balanced approach of discipline, regularity, and enjoyment ensures that fitness becomes a sustainable part of one's lifestyle.

Que.2 Write a technical note on any one of the following topics. (05)

(A) How to use digital thermometer

OR

(B) How to prepare a slide for microscopic observation

Que.3 Write a scientific note on any one of the following topics in IMRaD format. (05)

(A) Effect of salt on boiling point of water

OR

(B) Testing acidity and basicity using litmus paper

Que.4 Write a reflective paragraph on any one of the following topics. (05)

(A) True wealth is not measured in money or possessions

OR

(B) Change begins at the end of your comfort zone

Que.5 Write a visual draft of a poster on any one of the following topics. (05)

(A) Stop cyberbullying

OR

(B) Plant trees, save planet
